



Seeking out post adoption services is a common way for adoptive parents to find information, help, or simply someone to talk to who understands adoption. Post adoption services have become quite normal in today's child welfare services arena and are expected for adoptive families.

Clearly, there is nothing wrong (and everything right) with a family who seeks post adoption support at any time throughout the lifelong process of adoption.

If you are interested in these services, please let us hear from you. Simply fill out the form in this brochure and mail it today, call or send us an email. We look forward to meeting you.

About Us

UMCH Family Services, originally named United Methodist Children's Home, originated as an orphanage more than a century ago. Throughout our history, we have delivered services to accommodate the changing unmet needs of children and families.

Today, we have gone from being a children's home to children's homes — providing homes through our Treatment Foster Care Program, finding homes through our Adoption Program and strengthening homes through our Outpatient Family Mental Health Service Program. All of our programs are designed to holistically treat children as well as to support their care givers.

In addition, UMCH is the only agency in central Ohio to provide the complete continuum of adoption care—offering pre and post adoption services for the whole family.

UMCH Family Services is a ministry of The West Ohio Conference of The United Methodist Church. We believe all people are created equally. We provide services to children and families and extend equal employment opportunity without discrimination.



UMCH Family Services
a ministry of the United Methodist Church

Post Adoption Services
1033 High Street
Worthington, Ohio 43085
614.885.5020 x 580 Phone | 614-885-4058 Fax
AdoptionInfo@UMCHOhio.org

www.UMCHOhio.org



A program of UMCH Family Services



Providing adoptive families
the support they need
to navigate life's ups and downs



What are Post-Adoption Services?

It is common for adoptive families to need support and services after adoption. Post Adoptive Services are designed to help families with a wide range of issues they experience related to being forever families formed through adoption. Our experienced, dedicated professionals are available for everything from teaching a parent how to explain adoption to a preschooler, to helping a child who experienced early child abuse, to helping with a teen's search for identity – and many issues in between.

Research, as well as our many years of experience with adoptive families, has shown that all family members can benefit from post adoption support. Further, all of our therapeutic and support services are provided by our adoption specialists.

Our Post Adoption Service Goals

We seek to support families in times of stress, address adoption issues in therapy and provide guidance to parents.

Could your family benefit from Post Adoption Services

There are many reasons families seek post adoptive services. Here are just a few:

- Need for support
- Attachment problems
- Loss of commitment to the child
- Sorting out behaviors (What is normal? What is related to mental health? What is adoption or loss-related?)
- Parental education and guidance
- Power struggles
- Discipline techniques

Post adoption services can help families deal with issues such as:

- Loss and grief
- Understanding adoption
- Trust and attachment
- School problems
- Past trauma
- Behavioral issues
- Acting out and anger

UMCH Family Services offers many different post-adoptive services to help support families in need. These services include:

- Individual counseling
- Family therapy
- Group counseling
- Therapeutic education services for both parents and children
- Support groups
- Anger management groups
- Respite care
- Family Bridges Program

Yes. I'd like more information about post adoption services for my family

Please fill-out and mail or email us this request form to receive more information about the UMCH Family Services Post Adoption Program.

We'll send you information and other specifics. Thank you.

Name _____

Address _____

City _____ Zip _____

Phone _____

Email _____

Referred by _____

Mail to:

UMCH Post Adoption Services Program
1033 High Street
Worthington, Ohio 43085

Or call us at:

614-885-5020 x 580

Or email:

AdoptionInfo@UMCHohio.org